Reincarnation

The afterlife will always be a subject of human fascination. We all wonder what happens when we die. Medically speaking, death happens in two stages. The first being clinical death, lasts for four to six minutes from the moment a person stops breathing and the hearts stops pumping blood. During this stage, organs remain alive and there may be enough oxygen to prevent permanent damage. The second stage of dying is called biological death. In this stage the body's organs shut down and cells begin to degenerate. Once biological death has happened muscles begin to relax from which after 12 hours, skin loses its color and blood stops flowing. Scientists have conducted much research into what happens to thoughts or one's consciousness after death concluding that thoughts remain intact 2 to 3 minutes after the heart stops beating. Reincarnation or afterlife as some call it, comes to explain what happens after one has experienced biological death! Reincarnation is the philosophical or religious concept that the nonphysical essence of a living being starts a new life in a different physical form or body after biological death. It is also called rebirth or transmigration. Reincarnation appears in various doctrines taught by ancient religions and cultural beliefs, but each having its own point of view. The concept of reincarnation gives believers hope that their consciousness continues after death, but sometimes leave skeptics rolling their eyes because it is really hard to explain it in a scientific prose.



Some people think that Mesut Ozil is a reincarnated body of Enzo Ferrari an Italian motor racing driver.

Some insist that reincarnation is real and that stories like the following are proof of its existence, while others insist that it's all a bunch of nonsense. Whatever you believe, these stories are thoroughly convincing to turn in your attention towards reincarnation. Read and decide for yourself:

A Four Year Old Recalled Life as A Hollywood Agent

In 2009, at the age of four, **Ryan Hammons** began waking up, rubbing his chest, and screaming about how his heart exploded in Hollywood. His mother, Cyndi became more excited when Ryan revealed more details from a former life. He insisted he once lived in a house in Hollywood on a street with the name "Rock" in it where he had three children and a friend named "Senator Fives."

One day, Cyndi was going through a book featuring photos from old Hollywood. Ryan excitedly identified one man as George and another as himself.



Ryan Hammons (left) and Marty Martyn (right)

Cyndi who didn't believe in reincarnation, contacted a psychologist **Dr. Jim Tucker** at the University of Virginia Medical Center who conducts research on reincarnation. Dr. Tucker verified the man in the photo was a film star named George Raft and the other man was **Marty Martyn**, who died in 1964. Upon contacting Martyn's daughter, she confirmed

Martyn was a Hollywood agent, lived on North Roxbury Drive, had three children, and once met with New York Senator Irving Ives. In addition, he confirmed none of these details were available online. Tucker recounts Ryan's story, as well as the stories of other children who say they remember past lives, in his book "Return to life: Extraordinary cases of children who remember past lives."

A boy is his own grandpa

Gus Taylor was aged 1 and a half when he started saying strange things. His grandfather, **Augie**, had died a year before Gus was born. However, according to **Listverse**, Gus claimed that he was his own grandfather. When he was four, he was able to identify Augie in family photographs, even though he had never seen the man in real life.

That might not sound like much, but it gets weirder; years before, Augie's sister was murdered and her body was dumped in San Francisco Bay. No one in the family had ever spoken of this to Gus, and consequently, everyone was shocked when Gus started talking about his dead sister.



Gus Taylor and his grandfather Augie.

Past life as a fighter pilot.

8-year-old **James Leininger** of Louisiana began talking about aviation at 2 years old. His parents said they knew nothing about the subject, and were amazed when their little boy started displaying such an extensive knowledge of planes.

Things became worse when James started having nightmares about being shot down by a plane with a red sun on it — a Japanese plane. He talked about having dreams and memories of being **Lieutenant James McCready Huston**, a World War II fighter pilot from Pennsylvania who had been killed in Iwo Jima more than 50 years earlier. Andrea, his mother, said that James would scream at the top of his voice, 'Airplane crash, on fire, can't get out, help,' as he kicked and pointed to the ceiling.

Later, James told his parents that he had flown a plane called the *Corsair* from a boat called the *Natoma*. When James's father decided to do some research, he discovered that there had been a small escort carrier called the *Natoma Bay*, which had been in the Battle of Iwo Jima, and that there really had been a pilot called **James Huston**.

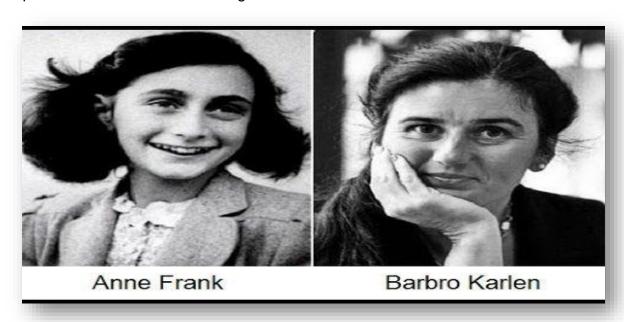


Young James Leininger and the fighter pilot James Huston.

His plane was hit in the engine by Japanese fire on March 3, 1945. A psychologist at the University of Virginia Jim Tucker, became interested in this child's story and decided to make his own investigation based on the evidence **he** gave, amazingly, he was surprised to find that Huston's plane crashed exactly the way that young **James Leininger** had described.

Barbro Karlén claims he is the reincarnated Ann Frank!

Barbro Karlén is Swedish author born in 1954. But it is her early life that is most intriguing. Ever since she was a small child, she dreamed of another life. An awful fear would overcome her and she would wake up shaking and frightened. It all began when she was about two years old. She told her mother and father that her name was not Barbro; it was, in fact, **Anne**. Her mother dismissed it as a fantasy of a child. Barbro carried on having the dreams and couldn't understand why she felt she was living in two worlds. At the age of 10, Barbro went on a trip around Europe with her parents. Soon they came to Amsterdam, and her parents decided to take her to the house of Anne Frank, surprisingly Barbo said she knew well where they were going and no need to take a taxicab. Inside the house of Anne Frank, all seemed common to the young Barbro who if experienced horrible feelings he had been there before! as



The real proof that Barbo was the reincarnated Anne Frank was when she met **Buddy Elias**, Anne Frank's cousin. At their first meeting they fell into each other's arms and began to cry. They sat for two hours and talked. When the newspapers asked him, 'Do you believe that Barbo is the reincarnation of Anne Frank?', he answered without hesitation, 'Yes'.

We have so far explored these fascinating stories of young boys and girls who claim to have lived past lives as other people. Not all scientists dispel the notion of reincarnation, and those who believe this genuine phenomenon did have something to comment. Let's then see some scientific proofs that show reincarnation is real.

One of those scientists **Dr. Ian Stevenson**, dedicated the majority of his career to finding evidence of reincarnation. He claims to have found over 3,000 examples of reincarnation during this time which he shared with the scientific community. In a study titled 'Birthmarks and Birth Defects Corresponding to Wounds on Deceased Persons', Dr. Stevenson used facial recognition to analyze similarities between the claimant and their alleged prior incarnation, while also studying birth marks.

In a separate study, Dr. Stevenson interviewed three children who claimed to remember aspects of their previous lives. The children made 30-40 statements each regarding memories that they themselves had not experienced, and through verification, he found that up to 92 per cent of the statements were correct.

The article, published on Scientific Exploration, Dr. Stevenson wrote: "It was possible in each case to find a family that had lost a member whose life corresponded to the subject's statements. "The statements of the subject, taken as a group, were sufficiently specific so that they could not have corresponded to the life of any other person.

"We believe we have excluded normal transmission of the correct information to the subjects and that they obtained the correct information they showed about the concerned deceased person by some **paranormal process**." From here comes a very interesting question, "How does this phenomenon of reincarnation happen?"

A very interesting fact about children who claim to remember past lives is that they are often born with **birth marks.** These <u>birthmarks</u> match the death wounds of the person they claim to remember their past lives. Their faces may be alike too!

The world itself is said to be strange by skeptics. How can you explain the way you are born, nurtured and then when mature enough start your own life until the last breath in your lungs! "Every man should die!", may be this is the most awful sentence one should hear, the law of nature. Every living being has a discontinuous lifespan ranging from hours, days to years. Is there a world of souls and that of flesh? In an attempt to explain these mysteries, people had to find something to believe in and that is why beliefs got discriminated into different religions trying to unleash those mysteries. Regarding reincarnation, even the most scientific minds have failed to culminate its realm. As an advice, remain stigmatized about the belief of reincarnation, you never know, you may be the next target flesh for a reincarnating soul!